

EARLYPOLY EMO_402_EN

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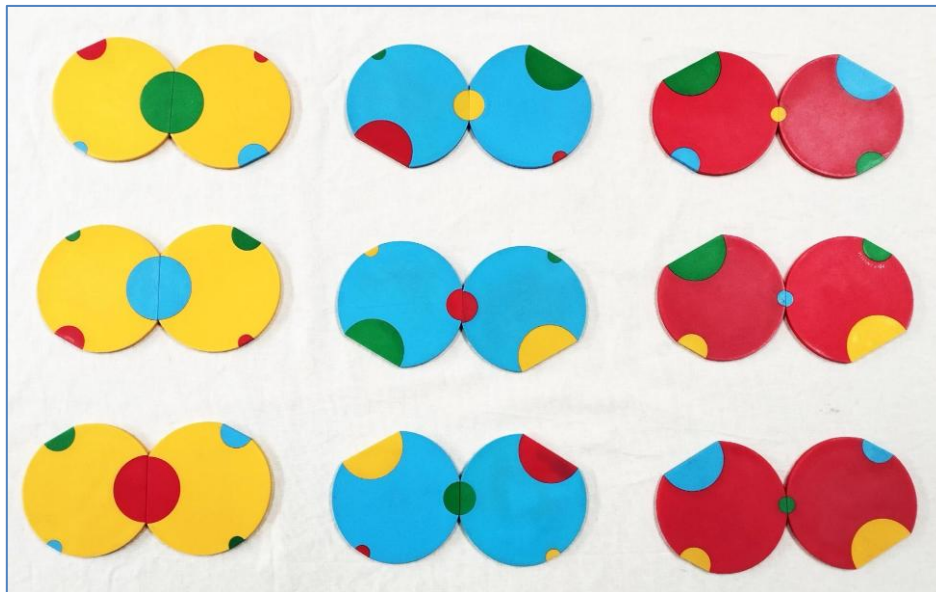
Formal and/or non-formal educational setting: **Non-formal setting**

Most relevant age group: **3-5 years old**

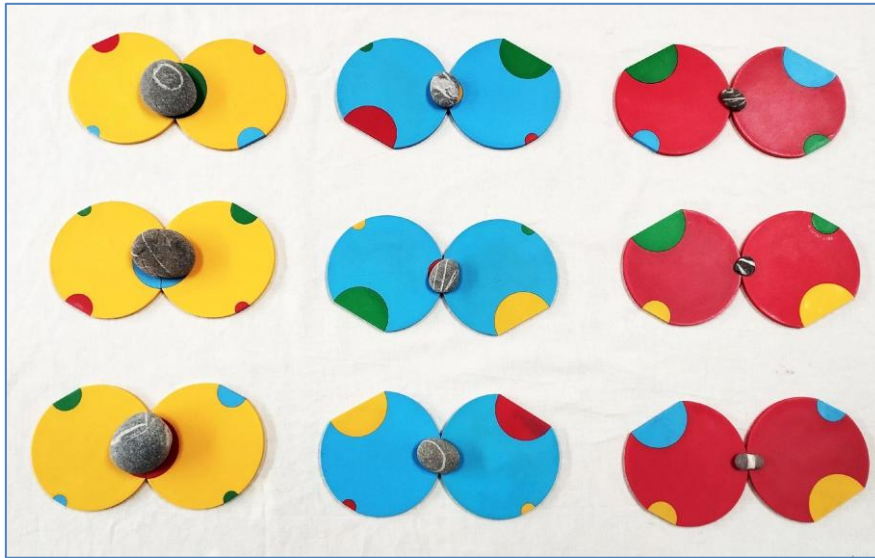
Description of the idea / problem / exercise: **Poly-Touch**

Connecting Poly-Universe Circle shapes: Big Touch, Small Touch, Tiny Touch

Big Touch = I love it very much, Small Touch = I love it, Tiny Touch = I love it a little



1. We place circular shapes from the Poly-Universe on the table in front of the children. The children begin to connect semicircles of the same size in pairs. They do not always succeed in matching them by color, but even 2-3-year-olds can try to find colors and sizes that match.
2. Through formal association, the basic shapes become personified and a kind of physical love relationship is created between them, which the children interpret as a Touch, since this language of love means security, harmony, and wholeness to them.
3. Once all the Touches have been given, we can seal the symbolic loving relationship with a pebble of the same size. Furthermore, we can express differences in size by clapping the palms together with different strengths.



- *Why this exercise is good:* Through its formal association, the Poly-Universe is suitable for expressing certain emotional states/love, experiencing them in a figurative sense, and experiencing certain degrees of love even in very young children. By connecting the two semicircles, the world becomes round again!
- *Has anyone tried this? If yes, when and where?:* Yes, with a 2.5-year-old child, in December 2024, at home
- *Notes:* The exercise can be applied not only to emotional expressions but also, for example, to what you like better: apples, pears, bananas, or dogs, cats, horses, etc.